

>>> SPRING <<<

AccessLine

Published for Access to Care Members

Dear Member,

As valued participant of our Access to Care Program, we want to remind you of the benefits that are available to you:

Core Benefits:

- Unlimited \$5 co-pay primary doctor visits (a local doctor is assigned based on zip code)
- Unlimited \$5 co-pay lab and x-ray testing (at many sites throughout Cook County)
- \$15-40 co-pay prescriptions (filled at most major pharmacies like Walgreens)

Expanded Benefits:

- \$5 co-pay counseling sessions (for up to 8 sessions)
- \$5 co-pay mammograms and breast ultrasounds
- Free diabetic test strips
- Free flu & pneumonia vaccinations
- Help connecting members with non-medical community services



Please remember to reenroll in our program annually to maintain uninterrupted access to these vital services and continue benefiting from our community.

Scan to Apply
or Reenroll



You can also print an application from our website, [acesstocare.org](https://www.accesstocare.org), or call 708.531.0680 to have one mailed to you.

NEED HELP WITH UTILITIES?

FIND A COMPLETE LIST OF LIHEAP PARTNER INTAKE SITES NEAR YOU

Services are available for people in crisis and neighbors who are unable to meet their basic needs.

CEDA offers a variety of programs and services in the areas of:

- Utility bill assistance
- Home weatherization
- Employment and training
- Housing services
- Family support and community engagement
- Health and nutrition

<https://www.cedaorg.net/find-services/>
or call their office at (312) 782-CEDA (2332).



Access to Care is administered by the Suburban Primary Health Care Council, a private, not-for-profit organization. Funds for Access to Care are received from Cook County, townships, municipalities, private foundations and corporations, service organizations and individuals.

MEASLES FACT SHEET



Cook County
Public Health

BUILDING
HEALTHIER
COMMUNITIES

Measles is a serious respiratory disease (in the lungs and breathing tubes). It causes a rash and fever. It is very contagious. In rare cases, it can be deadly. Measles is so contagious that 90 percent of unvaccinated people will get it, if exposed.

Two doses of the MMR vaccine are recommended for children by healthcare providers as the best way to protect against measles, mumps, and rubella (MMR).

When should my child get the MMR shot?

One dose at each of the following ages:

1st Dose 12-15 months 2nd Dose 4-6 years

Before traveling to another country, infants 6 to 11 months should get 1 dose of the MMR shot.

Why should my child get the MMR shot?

- Protects your child from measles, a potentially serious disease, as well as mumps and rubella.
- Protects your child from getting an uncomfortable rash and high fever from measles.
- Keeps your child from missing school or child care and you from missing work.

What are the side effects of the shot?

Most children don't have any side effects from the shot. The side effects that do occur are usually mild and may include:

- Soreness, redness, or swelling where the shot was given
- Fever
- Mild rash
- Temporary pain and stiffness in the joints
- More serious side effects are rare. These may include high fever that could cause a seizure.



To learn more
scan QR Code

Content Credits: Centers for Disease Control and Prevention, 031424



What are the symptoms of measles?

Measles starts with a fever that can get very high. Some of the other symptoms that may occur are:

- Cough, runny nose, and red eyes
- Rash of tiny, red spots (starts on head)
- Diarrhea
- Ear infection

Is measles serious?

Measles can be dangerous, especially for babies and young children. For some children, measles can lead to:

- Pneumonia (a serious lung infection)
- Lifelong brain damage
- Deafness
- Death



**1 in 5 people
will be hospitalized**

How does measles spread?

- Measles spreads when a person infected with the measles virus breathes, coughs, or sneezes.
- You can catch measles just by being in a room where a person with measles has been, up to two hours after that person is gone.
- And you can catch measles from an infected person even before they have a measles rash.
- Almost everyone who has not had the MMR shot will get measles if they are exposed to the measles virus.



Access to Care
FILLING THE GAP FOR THE UNINSURED

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